

Bronxville Adult School



Spring
2017
Course
Catalog

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Table of Contents

TRIPS • LECTURES	3	“What’s for Dessert?” at Nutmeg: Cupcake & Cookie Decorating! Denise’s Table • Couples Cooking: April in Paris • An Elegant Spring Dinner
Highlights of the Heights Walking Tour of Harlem Behind-the-Scenes at Sotheby’s Arts of the Revolution: Modern Arts in Cuba Before and After Fidel The Geopolitics of Oil The Architecture of Flight: Form and Function in Eero Saarinen’s Terminals in New York and Virginia Comedy and Tragedy in the Ballet The Challenge of Iran		
FILM • MUSIC APPRECIATION	4	FITNESS • YOGA • SPORTS
Fantastic Four: 4 Great Directors, 4 Landmark Films Vivaldi’s <i>The Four Seasons</i> , Revealed		12 Yoga: Beginner and Intermediate Feldenkrais® Walk 15® Zumba Gold Buff Bones® Mat Pilates Restorative Yoga Chair Yoga Glute Recruit Max Cardio Interval Training FitWalk Tap with a Twist Jazz-Funk Fitness Play Pickleball! Introduction to Cardiovascular Fitness Play Volleyball!
ART • ARTS & CRAFT	5	GAMES
Get Wrapped Up in a Stylish Leather Bracelet Beads and Baubles Creative Techniques in Watercolor Painting Acrylic Portrait, Landscape and Still Life Painting Create Unique Art by Drawing on Top of Your Painting Drawing Basics Beginner Knitting Beyond Beginner Knitting Stamping and Paper Crafting for Spring Celebrations A Tisket, A Tasket: Learn to Make a Tote Basket Watercolor: Painting from Your Photos Plain Air Watercolor		15 MahJongg Bridge
BOATING • GOLF • TENNIS	7	HOME • GARDEN • OUTDOORS
Introduction to Sailing America’s Boating Safety Course Golf Lessons at Lake Isle Tennis Lessons at Bronxville Village Tennis Courts		16 How to Sell or Buy Your Home in the Internet Age Current Trends in Home Design Staging Your Home to Sell: 2017 Spring Gardening: Planting, Pruning, and More 13th Annual Spring Bird-Spotting Walk
BUSINESS • CAREER • FINANCE	8	MUSIC • DANCE
Career Transitions: Returning to the Workforce or Making a Career Shift Trends in Selective College Admissions How to Sell on eBay Savvy IRA Planning: Tax-Saving Strategies to Help You Get More out of Your IRA Savvy Social Security for Boomers Financial Security for Life: Long-Term Care Planning You’re on the Air! How to Make It in Voice-Overs How to Be an Executor Preserving Family Assets The Big Reversal: Caring for Aging Parents		17 Choreography for Your Special Dance Let’s Salsa! Belly Dance for Fun and Fitness Line Dancing Guitar Tap with a Twist Irish Ceili Dancing Social Dancing Jazz-Funk Fitness Group Singing
COMPUTERS • PHOTOGRAPHY • TECHNOLOGY	9	PERSONAL DEVELOPMENT • WELLNESS
Introduction to Your iPhone or iPad iPhone/iPad Photography Website in a Night Essential Computer Skills for the Workplace: • Computer and MS Word Basics • MS Excel Basics • MS PowerPoint Basics • MS Intermediate Word Excel: Advanced Spreadsheet Functions Personal Cybersecurity		18 Mindfulness: How to Achieve Calm, Ease and Balance in the Midst of Your Busy Life Mindfulness: Deepening Your Practice Heart Saver CPR/AED Career Transitions: Returning to the Workplace or Making a Career Shift Discover Your Memory Power Flourishing Females Holistic Health Workshop
COOKING • FOOD	11	READING • WRITING • SPEAKING • ACTING
Cooking in Nancy’s Kitchen • Just Fish • Spring Pasta • Prime-Time Salads • Spring Soups • Warm Weather Entertaining • Easy-Breezy Appetizers		19 Reading Shakespeare Aloud Act It Out! Mysterious Books Public Speaking Made Simple Performing Arts Spotlight: Playwright Anton Chekhov Beginner Writing Workshop
		WORLD LANGUAGES
		20 French: 3 levels Italian: 4 levels Spanish: 2 levels

TRIPS • LECTURES

HIGHLIGHTS OF THE HEIGHTS: Washington and Hamilton Heights Landmarks from the Revolutionary War and More

Join us for this fascinating journey from the late 18th century through today, as we explore the historic Washington and Hamilton Heights of Upper Manhattan. We'll begin the day with a visit to the Hamilton Grange National Memorial and tour the relocated home of Alexander Hamilton. Then we'll tour the Morris-Jumel Mansion, Manhattan's oldest house, built in 1765. It was George Washington's headquarters in 1776 and later the home of Aaron Burr. Broadway sensation Lin-Manuel Miranda grew up in Washington Heights, which served as inspiration for his musical *In the Heights*, and he wrote many songs for *Hamilton* in the Morris-Jumel Mansion. We'll stop for a delicious lunch at a popular spot in this vibrant neighborhood, followed by a tour of the Dyckman Farmhouse Museum. This Dutch-Colonial farmhouse, built in 1784, is the only remaining farmhouse on the island of Manhattan, and a reminder of Manhattan's rural past. **Please wear comfortable walking shoes.**

Wednesday, April 19 • 8 am - 5:30 pm Bronxville School

\$138

Bus leaves from Bronxville Women's Club, 135 Midland Ave.

WALKING TOUR OF HARLEM: The Contemporary Art Scene Goes North

This guided tour includes a visit to the Studio Museum, which focuses on contemporary art by artists of African descent. We will also stop into several galleries within a few blocks of the museum. As we stroll to our destinations, we will be passing iconic buildings, beautiful brownstones and animated street art. Remember to bring your walking shoes. **Please note: Transportation will not be provided for this trip; students will have to make their own travel arrangements to Harlem. Meeting place will be emailed.**

Ronnit Vasserman is the founder of Art Connect Group (ACG), a full-service art consulting firm.

Tuesday, April 25 • 1 - 3 pm

\$50

BEHIND-THE-SCENES AT SOTHEBY'S

This behind-the-scenes tour of Sotheby's renowned auction house will provide a rare glimpse into the inner workings of how auctions function, from getting some of the world's most prized and beautiful objects, to their cataloguing, exhibition and sale processes. The tour will explore the public and some private areas of Sotheby's headquarters in New York, along with some historical and anecdotal information about one of the world's oldest continuously run auction houses.

Please note: Transportation will not be provided for this trip; students will have to make their own travel arrangements to Sotheby's on the Upper East Side. Please check our website for date and complete details.

ARTS OF THE REVOLUTION: Modern Arts in Cuba Before and After Fidel *NEW!*

There is a long tradition in Cuba of connection between the Arts and Activism. In this lecture we will explore Cuban Modernism as one expression of Cuban identity before the 1959 Revolution, as well as the arts closely associated with the Revolution. Finally, we will see how the unique arts of Cuba reflect an engaged and active community of artists through to today.

Jerrilynn Dodds, Professor of the History of Art at Sarah Lawrence College, is a widely published scholar as well as a consultant and a distinguished lecturer at the Metropolitan Museum's Grace Rainey Rogers auditorium.

Thursday, April 6 • 7 - 8 pm Bronxville Public Library, 201 Pondfield Rd.

\$25

THE GEOPOLITICS OF OIL *NEW!*

Oil remains the world's #1 fuel. Those nations lucky enough to have domestic oil reserves have a major leg up over those who do not. Are there enough oil reserves to meet growing global demand, or will oil prices rise sufficiently to push oil volumes down as replacement fuels take over? Which nations are positioned to control this change? Will it be a freely-working commercial changeover, or a political/military one? Are we on the road to another epoch of geopolitical confrontations over oil?

Charles Maxwell has worked and traveled in the Middle East over some sixty years. He has delivered geopolitical speeches on the region at the National Defense University, the Council on Foreign Relations, the Chautauqua Institution, and St. Antony's, UK. Retired now, Mr. Maxwell was also a well-known oil securities analyst and television commentator.

4 Thursdays: April 20 - May 11 • 7 - 8:30 pm Bronxville School

\$75

COMEDY AND TRAGEDY IN THE BALLET *NEW!*

Examining the ballets *La Fille Mal Gardée* by Frederick Ashton and *Romeo and Juliet* by Kenneth MacMillan, we'll explore how comic and tragic elements are transmitted, without words, through movement alone.

Helen Coope was trained from an early age at a professional theatre school in England before attending the Royal Ballet School in London. In the States, she worked for Cleveland Ballet, San Francisco Ballet and Feld Ballet NYC before becoming Ballet Mistress for Connecticut Ballet in Stamford, CT. She recently retired after 25 years with the company. Additionally she has choreographed the musicals at the Bronxville School over the last fifteen years.

2 Mondays: April 24, May 8 • 7 - 9 pm Bronxville School

\$50

THE ARCHITECTURE OF FLIGHT:

Form and Function in Eero Saarinen's Terminals in New York and Virginia *NEW!*

At the dawn of the jet age, Eero Saarinen was called upon for two very important airport projects that helped to shape the way air transport would be accomplished in the United States. With the TWA Terminal at Idlewild Airport in New York (now JFK), Saarinen provided an important gateway and backdrop to the rapidly growing commercial aviation business in America. He and his team started from scratch, and worked to understand every functional aspect of airline operations. They optimized processes, and provided a template for other airports to follow. At Dulles International Airport in the suburbs of Washington, D.C., Saarinen and his team used all that they had learned in New York and confronted the larger task of designing and building an entirely new airport in a collection of farm fields. Dulles Airport was the first airport designed specifically for jet aircraft. Both the TWA Terminal and the Dulles Airport terminal are two of the most important buildings of the 20th century, and while the TWA Terminal eventually became functionally obsolete, Dulles Airport has continued to grow and expand since the day it opened. It remains one of the most beautiful airport terminals in the world. This lecture will chart the path that Saarinen took in this sequence of projects, and allow a deep exploration of the architecture of each terminal.

David Brashear has studied architectural history at Columbia University since 2009. He founded the Architectural Lecture Series at the Muscarelle Museum at the College of William and Mary in 2011. Mr. Brashear has lectured on a variety of architectural topics, and is currently working on a book highlighting key work sequences of five American architects of the 20th century. He is a graduate of Penn and the Harvard Business School.

Tuesday, April 25 • 7 - 8:15 pm Bronxville Public Library, 201 Pondfield Rd.

\$25

THE CHALLENGE OF IRAN *NEW!*

After more than three decades of estrangement from the United States and the West, Iran is being integrated back into the international community and asserting itself as a bigger player in the Middle East — often with controversial, even harmful results. This lecture will discuss the evolution in U.S.-Iranian relations since the 1979 Iranian revolution; the nuclear deal; Iran's role in the region and its domestic politics.

Carol Giacomo, a former diplomatic correspondent for Reuters in Washington, covered foreign policy for the international wire service for more than two decades before joining The New York Times Editorial Board in August 2007. In her previous position, she traveled over one million miles to more than 100 countries with eight secretaries of state and various other senior U.S. officials. In 2009, she won the Georgetown University Weintal Prize for diplomatic reporting. She is a member of the Council on Foreign Relations.

Thursday, May 18 • 7 - 8:30 pm Bronxville Public Library, 201 Pondfield Rd.

\$25

MUSIC APPRECIATION • FILM

FANTASTIC FOUR: 4 Great Directors, 4 Landmark Films *NEW!*

They didn't always win Oscars, but critics and cult followings helped turn Hitchcock, Spielberg, Scorsese and the Coen Brothers into our most lauded filmmakers. All four have challenged viewers to experience cinema in new and provocative ways, be it suspense, blockbusters, crime or black comedy. The directors' contributions to redefining genres will be explored, with critical emphasis on key films: *Rear Window*, *ET*, *Goodfellas* and *The Big Lebowski*. Students are encouraged to screen the films before each class. Each session includes film history and analysis, coupled with clips from specific movies, followed by discussion.

Debra Griboff regularly lectures on film history in Westchester County and NYC, with the goal of stimulating conversation and critical thinking.

4 Tuesdays: April 18 - May 9 • 7 - 9 pm Bronxville School

\$100

VIVALDI'S *THE FOUR SEASONS*, REVEALED *NEW!*

Cristiana Pegoraro will explore *The Four Seasons*, the secret symbolism behind the score, the images of nature, and the poems which inspired the music. She will then perform them in her innovative version for solo piano. The performance will be enhanced by beautiful picture galleries inspired by the music, created exclusively for the show by renowned photographer Mino La Franca. The evening provides an innovative way to deepen the knowledge of one of the most famous classical masterworks.

Cristiana Pegoraro has been called "an artist of the highest caliber" by The New York Times. She has performed as a soloist and with orchestras in Lincoln Center, Carnegie Hall, the Sydney Opera House, the Musikverein in Vienna and other international venues.

Tuesday, May 23 • 7 - 8:30 pm • Scarsdale Public Library, 54 Olmsted Rd.

\$25

ART • ARTS & CRAFTS

GET WRAPPED UP IN A STYLISH LEATHER BRACELET *NEW!*

Design a rich looking Braided Leather Bracelet using braided leather, memory wire, beads, charms and end caps. You will complete the bracelet in this two-hour workshop and be able to wear it home!

Materials fee of \$15 payable to instructor at the class.

Tuesday, March 14 • 7 - 9 pm Bronxville School

\$25

BEADS AND BAUBLES

Beginner Basics

If you've always wanted to make your own gorgeous jewelry, this beginner beading class is a great place to start! Easy and enjoyable instruction in the basic techniques will give you the confidence to create your own designs for gifts or to wear yourself. Learn how to use crimp beads, attach jump rings and clasps, and to develop an eye for color, proportion and balance to complement your design.

Materials fee of \$25 payable to instructor at first class.

4 Tuesdays: March 21 - April 18 (no class 4/11) • 7 - 9 pm Bronxville School

\$90

Beyond Beginner

You will make more advanced bead necklaces, dangle earrings and multi-strand bracelets and learn how to add chain and multi-beaded components to complete your projects. **Beginner Basics or other previous experience required. Materials fee of \$25 payable to instructor at first class.**

4 Tuesdays: April 25 - May 23 (no class 5/16) • 7 - 9 pm Bronxville School

\$90

Eileen Tacoma has a Master of Fine Arts from Pratt Institute and makes and sells her own line of jewelry under the name Tacoma Designs. She has been an art teacher for more than thirty-five years, twenty-five of them with the Eastchester School District.

CREATIVE TECHNIQUES IN WATERCOLOR PAINTING *NEW!*

You will complete five different one-session, take-home paintings using a variety of creative watercolor techniques, including wet-on-wet, dry to wet and the dry brush method, just to name a few. Three of the sessions will focus on landscapes (one or two from the French Impressionist painters), one will be a still life and one will be a portrait. This course is designed for both the beginner and more advanced artist.

Materials included in class fee.

5 Tuesdays: March 14 - April 18 (no class 4/11) • 7 - 9 pm Bronxville School

\$140

ACRYLIC PORTRAIT, LANDSCAPE AND STILL LIFE PAINTING

Ron Ramsey has developed unique artistic techniques that will allow you to create a complete landscape, portrait or still life acrylic painting in each educational and enjoyable class session. Besides basic layering, his techniques (not all with the brush) will help beginners to quickly learn an impressionistic style, and experienced painters to incorporate these techniques into their own styles. Each session will introduce at least one of these techniques, allowing you to take home totally different works of art. Examples include Claude Monet's "Impression Sunrise" and "Iris in Monet's Garden."

Materials included in class fee.

8 Thursdays: March 16 - May 11 (no class 4/13) • 7 - 9 pm Bronxville School

\$225

CREATE UNIQUE ART BY DRAWING ON TOP OF YOUR PAINTING *NEW!*

These two sessions will combine a most effective way to add light and detail to your paintings. You'll begin with a blank canvas and use mixed media to create a final piece of art for each session, including one landscape and one still life. Starting with acrylic washes to create an under painting, we will then add a layer of detail and highlighting using prisma color pencils. This technique will allow you to add as little or as much detail to your finished art and is suitable for both beginners and advanced artists.

Materials included in class fee.

2 Thursdays: May 18, 25 • 7 - 9 pm Bronxville School

\$60

Ron Ramsey has illustrated numerous golf books and magazine articles and was the art director of Golf Magazine, Golf & Travel, Northeast Golf Magazine, and Fairway Living. He is a member of the Society of Illustrators. Besides numerous commissions, his work hangs at the World Golf Hall of Fame, Jack Nicklaus's Memorial Tournament and Sleepy Hollow CC.

DRAWING BASICS

Like to draw? Dream of taking your stick figures to the next level? Here's where to start! We'll cover the basics of design, contour, shading and composition with in-depth demos to help you draw various types of objects-and have fun while bringing out the artist in you! No experience or "talent" is necessary...just the desire to learn. **Supply list on website.**

Pat Van Metter works on commissioned portraits and figurative and landscape paintings out of her Dobbs Ferry studio. She has studied at Pratt and participates in NY group and solo shows.

10 Wednesdays: March 15 - May 24 (no class 4/12) • 7 - 9 pm Bronxville School \$200

BEGINNER KNITTING

This class is for absolute beginners or for those who are still learning the basics. Learn knitting techniques for casting on, knitting, purling, binding off and more. The basic skills are taught to prepare students to move onto the Beyond Beginner level and start a project.

Supplies: size 8 wooden needles, light-colored worsted weight yarn and a tapestry needle.

4 Wednesdays: March 15 - April 5 • 7 - 8:30 pm Bronxville School \$80

BEYOND BEGINNER KNITTING

Experienced or lapsed knitters are welcome, as well as those who have completed a beginner class. Bring a project you'd like to start or one that's been sitting in the closet for years, as well as pesky problems and ... let's knit! No group projects, no plan, just enjoy the simple act of knitting with guidance from the instructor.

6 Wednesdays: April 19 - May 24 • 7 - 8:30 pm Bronxville School \$120

Melissa Shinsato has been knitting and crocheting since age twelve. She attended FIT, worked in the garment industry for ten years and now teaches all ages and levels of knitting and crochet.

STAMPING AND PAPER CRAFTING FOR SPRING CELEBRATIONS

Easter...Mother's Day...Father's Day...Graduation! Create exquisite gifts, cards, decorations, and more, while learning artistic rubber stamping techniques. Techniques include stamping, marbling, embossing, image-layering, die-cutting and punch out designs. You'll complete three practical and unique projects in each evening, including cards, transformed dollar store items, photo albums/frames, candy favors, and gift items. **All materials are pre-prepared and included in class fee.**

Sharon Abrams, independent demonstrator for Stampin' Up!, has over ten years of experience in stamping and creating handmade memory books, invitations, shadowboxes, ornaments and more.

4 Wednesdays: March 29 - April 26 (no class 4/12) • 7 - 9 pm Bronxville School \$115

A TISKET, A TASKET: LEARN TO MAKE A TOTE BASKET *NEW!*

Learn the basic skills of basketry: how to create and weave a basket, weave the sides, and finish a basket using natural and dyed basket reed to make an attractive basket with a handle.

Materials included in class fee.

Robin Ingram has been weaving baskets as a hobby since 1997 and is active in the Westchester Basketmakers Guild.

2 Mondays: April 17, 24 • 7 - 9 pm Bronxville School \$60

WATERCOLOR: Painting from Your Photos *NEW!*

Combine new technologies with traditional painting by translating a personal landscape, cityscape or travel photo taken on your cell phone, tablet, or traditional camera into a watercolor painting. You will learn how to create a working sketch and get tips on transforming the sketch into a painting using glazes, wet on wet, and dry brush techniques. Color and design will be discussed. All skill levels are welcome. **Materials included in the class fee.**

5 Tuesdays: April 25 - May 30 (no class 5/16) • 7 - 9 pm Bronxville School \$140

PLEIN AIR WATERCOLOR

Have fun learning to paint the landscape on the beautiful grounds of the New Dawn Foundation in New Rochelle. With inspiring views of water, trees and buildings, artists will learn both the fundamentals of landscape painting and special techniques for handling the medium. The class is appropriate for beginning to advanced students. In the event of inclement weather, the class will work inside the foundation house. **Supply list on website.**

4 Tuesdays: June 6 - June 27 • 10 am - 12 pm \$100

New Dawn Foundation, 570 Davenport Ave., New Rochelle

Pamela Tucker is the Director of Art Education at the New Dawn Foundation in New Rochelle, Vice President of the Reilly League of Artists in White Plains, and a practicing artist who exhibits her work throughout the Hudson Valley.

BOATING • GOLF • TENNIS

INTRODUCTION TO SAILING

Take to the sea with Port Sailing School and learn to sail with this terrific introductory lesson. You'll start out with some classroom theory and then head out to the boats. During this session, you'll learn hands-on how to grind a winch, trim a sail, and take the helm of a 23-foot sailboat, under the guidance of a certified instructor, while cruising out of Echo Bay in New Rochelle to Long Island Sound. Class fee can be applied toward future purchase of the three-day ASA 101 certification class.

Please note that class will be held in rain, but will be postponed if there is excessive wind.

Port Sailing School has two locations in New Rochelle and Port Washington, NY. The sailing school is proud to be affiliated with the American Sailing Association. ASA provides the curriculum and training for our instructors. Port Sailing is a U.S. Department of Transportation contractor providing sailing instructors and racing coaches at the U.S. Merchant Marine Academy in Kings Point. The school has over 30 boats in its fleet and also operates a sailing camp for children ages 8 and up.

Saturday, May 6 • 9 am - 1 pm (Rain/wind date: Saturday, May 13)

\$100

Port Sailing School, New Rochelle Municipal Marina, 22 Pelham Rd. New Rochelle

AMERICA'S BOATING SAFETY COURSE

Getting your powerboat or sailboat ship-shape for another summer on the water? Make sure you and your family are thinking about safety first. Over four sessions, the official "America's Boating Course" reviews boating laws, the U.S. Aids to Navigation system, bells and buoys and right-of-way rules. We'll cover emergencies, accidents and rescues, hazards, emergency radio calls, engine failures, boat storage, water sports and more. Connecticut and New Jersey require "ABC" for new boat owners and license applicants, and many insurance companies offer discounts to Tri-state boaters who complete the course. In addition, New York law requires all boat operators to obtain a boating safety certificate by completing an eight-hour safe boating course, including 17 and 18 year-old boaters.

Students receive all materials and a course completion certificate.

VDCR Patrick J. McNierney is the Vice Division Commander of the Westchester County Division of the U.S. Coast Guard Auxiliary.

4 Mondays: April 3 - May 1 (No class 4/10) • 7 - 9 pm Bronxville School

\$75

GOLF LESSONS at LAKE ISLE

Our small class size allows us to address every aspect of the game, from rules and etiquette to short games and full swing, and is great for meeting others who are interested in improving their game.

Beginner Ladies (limit of 5 students)

5 Tuesdays: April 18 - May 16 • 10:15 - 11:30 am

\$235

5 Tuesdays: April 18 - May 16 • 6:15 - 7:30 pm

\$235

5 Sundays: April 23 - June 4 (no class 5/14, 5/28) • 6:15 - 7:30 pm

\$235

Beginner Ladies on Course (limit of 5 students)

This 2-hour version of the beginner class allows for additional on-course exposure.

5 Tuesdays: April 18 - May 16 • 8 - 10 am

\$350

Intermediate Men and Ladies (limit of 5 students)

3 Saturdays: April 22 - May 6 • 3 - 5 pm

\$235

5 Sundays: April 23 - June 4 (no class 5/14, 5/28) • 4:45 - 6 pm

\$235

Kevin Chin, PGA Teaching Professional, has been at Lake Isle since 2002. He received Westchester Magazine's Readers' Choice Award for Best Golf Professional in 2014, 2015 and 2016. He was also awarded Top 50 Golf Instructors by US Kids Golf in 2012 through 2015.

Lake Isle Country Club, 660 White Plains Road, Eastchester

TENNIS LESSONS at BRONXVILLE VILLAGE TENNIS COURTS

Learn to play tennis and/or improve your skills in a fun, social environment! Please remember to wear appropriate tennis attire and non-marking tennis shoes. **Tennis balls are provided and loaner rackets are available upon request. See website for description of levels.**

Beginner (limit of 6 students)

6 Tuesdays: April 25 - May 30 • 9:30 - 10:30 am

\$150

Intermediate (limit of 6 students)

6 Thursdays: April 27 - June 1 • 9:30 - 10:30 am

\$150

Jessica Watts decided to make a career in the tennis industry after competing for the University of Utah as an All-American. Her love of tennis led her to platform/paddle tennis naturally, and she currently runs both programs for the Village of Bronxville as Director of Racquets.

Bronxville Village Tennis Courts, Garden Avenue

BUSINESS • CAREER • FINANCE

CAREER TRANSITIONS: Returning to the Workforce or Making a Career Shift *NEW!*

This is the ideal course for those returning to work after a break or those transitioning to something new. The course will cover technology in today's workplace, including terminology and efficiencies you'll need to know, as well as overviews of resources such as Microsoft Office and LinkedIn. There will be an entire session devoted to powerful resume and cover letter strategies for those in transition, including how to manage those pesky career gaps. You'll also take away important tools to most effectively approach your job search.

Linda Fitzpatrick is the Founder of the Virtual School "Work That Satisfies" and specializes in assisting those who are in career transition. Pam Barnet, see bio on page 10.

3 Tuesdays: March 28 - April 18 (no class 4/11) • 7 - 9 pm Bronxville School

\$100

Register for Essential Computer Skills for the Workplace (page 10) at the same time and save \$30

TRENDS IN SELECTIVE COLLEGE ADMISSIONS: What Every Family Should Know about Planning and Paying for College Today *NEW!*

Join educational consultant and author, Matthew Greene, Ph.D., to learn about the latest trends in selective college admissions, what matters most in the admissions process, and to hear about how to build a balanced college list to open up opportunities for need-based financial aid and merit scholarships.

Matthew Greene, Ph.D., has been counseling students and advising families on college admission and educational planning since 1997, guiding individuals through the many questions associated with choosing and applying to secondary schools, colleges, and graduate degrees.

Thursday, March 30 • 7 - 8:30 pm Bronxville Women's Club, 135 Midland Ave.

\$30

HOW TO SELL ON EBAY

Learn a new skill by selling new or used items in your spare time; eBay is fun and can help put extra cash in your pocket. Learn from an expert seller who will share tips from many years of experience. This workshop will demonstrate the techniques of posting descriptions, photos, pricing options, shipping, and fees. Students will gain a clear understanding of the important steps to successful selling.

Basic computer and photo skills required.

Joan Rudd is an experienced eBay seller. She has been an educator in Bronxville and the Westchester community and is presently on staff at Sarah Lawrence College.

Tuesday, April 4 • 7 - 8:30 pm Bronxville School

\$30

SAVVY IRA PLANNING: Tax-Saving Strategies to Help You Get More out of Your IRA *NEW!*

IRA planning is a complex process. The decisions you make now can have a tremendous impact on your overall retirement plan. In this very informative workshop you will learn the rules for contributing to Traditional IRAs and Roth IRAs, Roth IRA conversions, withdrawal and rollover decisions and many more strategies to assist in the coordination of your overall retirement, estate tax, education, Social Security and comprehensive financial plan.

Thursday, April 6 • 7 - 9 pm Bronxville School

\$30

SAVVY SOCIAL SECURITY FOR BOOMERS

Whether you're one, five or more years from retirement... single, divorced, or a couple...Social Security represents a key element of your financial plan. Understanding when and how to take your benefits will impact the maximum benefit you are entitled to, and affect your total retirement income strategy. This class reviews the best options and strategies for couples and singles, addressing issues of timing, health, work status and more.

Thursday, April 27 • 7 - 9 pm Bronxville School

\$30

Jim Van Metter, CFP, MBA, is founder and president of James Van Metter Wealth Management, an Independent Financial Planning and Investment Advisory Firm.

FINANCIAL SECURITY FOR LIFE: Long-Term Care Planning

Long-term care planning is an integral part of retirement and estate planning. We will discuss the pros and cons of various ways of funding health care. Do you really need long-term care insurance? When is the best time to buy it? Will Medicare or Medicaid take care of you? Bring your questions.

Michael K. Rosenman, CLU, ChFC, CASL, AEP, is a Financial Advisor with Northwestern Mutual since 2001. He is based in Stamford, CT.

Tuesday, April 25 • 7 - 8:30 pm Bronxville School

\$30

HOW TO BE AN EXECUTOR

Have you been named an executor of an estate? This presentation provides an overview of the legal rights and responsibilities of an executor and explains filing for probate, gathering assets, paying debts, the spousal election, beneficiary distributions, and general administration, including intestate estates. Learn about your liabilities, responsibilities and commission.

David Otis Fuller, Jr., is a Harvard Law graduate, partner of Bosworth, Gray & Fuller in Bronxville and Justice of the Village of Tuckahoe.

Wednesday, May 3 • 7 - 9 pm Bronxville School

\$30

YOU'RE ON THE AIR! How to Make It in Voice-Overs

Please check our website for complete information.

Tuesday, May 2 • 7 - 9 pm Bronxville School

\$30

PRESERVING FAMILY ASSETS from Estate Taxes, Nursing Home Costs and More

Learn how to legally avoid estate taxes & nursing home costs and keep family assets from ending up in unwanted hands, while maintaining control of your assets. You will be taught what needs to be done in order to pass assets to children free of estate tax, how you can protect your home and other assets from future nursing home costs and how you can avoid giving extended family members unwanted access to your assets.

Neil R. Lubarsky, Esq., is a Harvard Law graduate who also possesses an LL.M. (Master of Laws) in taxation from New York University. He has been a practicing estate-planning and elder law attorney for over 30 years.

Monday, May 8 • 7 - 8:30 pm Bronxville School

\$30

THE BIG REVERSAL: Caring for Aging Parents *NEW!*

Your parents are getting older and, suddenly, your roles seem to be reversed. Caring for aging parents can be daunting; planning ahead with legal and other considerations can make all the difference. Whether your parents live locally or in another state, this workshop will provide important information about living options, potential services and legal matters you need to think about. Learn how to access supportive services in their community and put together a team to make caregiving more effective and less stressful.

Elizabeth (Betsy) Henry Klampert, Esq., is an elder law attorney whose practice includes Social Security disability claims and appeals. She is a member of the New York State Bar Association (NYSBA), serving on the Elder Law Section's Legislation Committee and as a Vice-Chair of the Section's Elder Abuse Committee.

Julie Dalton is the Executive Director of Gramatan Village, a local organization that supports aging-in-community with a network of volunteers, community partnerships and peer connections that enable community residents to stay independent and fully engaged in the community.

Wednesday, May 10 • 7 - 8:30 pm Bronxville School

\$30

COMPUTERS • PHOTOGRAPHY • TECHNOLOGY

INTRODUCTION TO YOUR iPhone or iPad *NEW!*

Bring your charged iPhone or iPad to this class and start getting comfortable using it for many of the marvelous actions it can perform for you. You will be introduced to changing settings, sending email, taking photos and videos, sending photos, and installing new apps.

Gerry McLoughlin is a local computer professional providing computer and technology assistance to area residents and small businesses for more than 15 years.

Thursday, March 2 • 7 - 9 pm Bronxville School

\$35

iPhone/iPad PHOTOGRAPHY *NEW!*

Your iPhone or iPad has a great camera that can take you from simple "point-and-shoot" snapshots to photography that rivals much more complex cameras. Familiarize yourself with the controls and settings, learn how to navigate the phone's image storage systems, and maximize its creative potential with adjustments and filters. **Bring fully charged Apple iPhone (5 through 7) or iPad, with recent or current iOS (operating system). Intro class (above) is recommended for new users.**

Martin Merchant was a professional photographer for 20 years, and then spent 18 years as a high school teacher teaching film and digital media.

Monday, March 27 • 7 - 9 pm Bronxville School

\$35

WEBSITE IN A NIGHT *NEW!*

Have you ever thought about creating your own website, but weren't sure how to get started? You'll build your site in a night at this hands-on workshop which will teach you the steps to select a design, create pages and menus, and add content, images and video. You will create your very own website with WordPress.com and be able to edit your content anytime, 24/7. **Must have basic knowledge of Microsoft Word and Internet basics. Please see our website for details about what to bring to class.**

See bio for **Pam Barnet** below.

Wednesday, March 1 • 7 - 9:30 pm Concordia College, 171 White Plains Rd., Bronxville

\$50

ESSENTIAL COMPUTER SKILLS FOR THE WORKPLACE

If your workplace skills need updating, this course will get you up to speed with the 2013 version of Microsoft Office Suite. We'll begin with a brief intro to computer basics and then cover the fundamentals of the three most common programs in the workplace: Word, Excel and PowerPoint.

All classes are for PC users and not suitable for Mac users.

Register for all 8 weeks at a discounted fee, or register for individual programs.

8 Wednesdays: March 8 - May 3 (no class 4/12) • 6:30 - 8:30 pm

\$280

Register for CAREER TRANSITIONS (page 8) at the same time and save \$30

\$250

Computer and MS Word Basics: 3 Wednesdays: March 8, 15, 22 • 6:30 - 8:30 pm

\$120

MS Excel Basics: 3 Wednesdays: March 29, April 5, 19 • 6:30 - 8:30 pm

\$120

MS PowerPoint Basics: Wednesday, April 26 • 6:30 - 8:30 pm

\$40

MS Intermediate Word: Wednesday, May 3 • 6:30 - 8:30 pm

\$40

(Envelopes, Labels, Mail Merge, Page layout and design, Tables, Working with graphics, Hyperlinks)

Linda McMann, Bronxville School Technology Support specialist, has over twenty years of experience and two Master's degrees in Information Systems and Education and truly loves technology.

Pam Barnet, lead architect for Barnet Associates LLC's client and delivery solutions, develops classroom training programs and has taught nationally in the effective use of high-tech software products.

Concordia College, 171 White Plains Rd., Bronxville

EXCEL: ADVANCED SPREADSHEET FUNCTIONS

Learn to customize toolbars, create templates and decision-making functions, pivot tables, and compare workbook files and file links. Plus learn to outline and consolidate worksheets, analyze data using the Scenario Manager, protect worksheet data by locking cells, record and modify macros with Visual Basic Editor and create interactive web documents. **Prerequisite: Excel Basics or equivalent.** See bio for **Pam Barnet** above.

3 Wednesdays: May 17, 24, 31 • 6:30 - 9:00 pm

\$190

Concordia College, 171 White Plains Rd., Bronxville

PERSONAL CYBERSECURITY: Understanding and Practicing Safe Internet Use *NEW!*

We hear the word "hacked" far too often, but there is a lot of incorrect information about what it all means. This class will dispel some common myths, while explaining how you are vulnerable to online fraud, identity theft, or extortion and show you the best ways to avoid becoming a victim. You'll learn what to do if your computer, tablet or smartphone is hacked, infected by malware or if you fall prey to the most common Internet scams. Find out how to improve your password practices, avoid computer viruses, and identify phishing scams and "spoofs" which will all help to improve your personal cybersecurity.

Tom Mahony is the owner of Bronxville Computer & Web Design, a computer repair and personal technology consulting service. A former New York City educator, Tom has combined his teaching skills and technology expertise to become a "go-to tech guy" in Bronxville and the surrounding area.

Thursday, May 11 • 7 - 9 pm Bronxville School

\$30

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www.concordia-ny.edu

COOKING • FOOD

COOKING in NANCY'S KITCHEN

These small demonstration classes are held at **Chef Nancy Contessa's** lovely home. Leave room to enjoy the food! **Location information will be emailed a few days before the class. Please check your email and spam folder.**

JUST FISH *ENCORE!*

Trying to eat less red meat? These tasty dishes will inspire you to eat more fish. Menu includes: Baked Scallops, Roasted Cod with Walnut Crust, Baked Shrimp Scampi and Spicy Sautéed Fish with Olives and Tomatoes.

Monday, March 13 • 11:30 am - 1 pm OR Tuesday, March 14 • 7 - 8:30 pm

\$50

SPRING PASTA *NEW!*

Ready to cook fresh? These dishes will awaken your taste buds. Menu includes: Asparagus, Snap Peas and Avocado Pasta; Killer Kale Pasta; Pasta with Zucchini, Ricotta and Basil; Penne with Shrimp, Feta and Spring Vegetables.

Monday, March 27 • 11:30 am - 1 pm OR Tuesday, March 28 • 7 - 8:30 pm

\$50

PRIME-TIME SALADS *NEW!*

Spring nights are made for refreshing fuss-free suppers and these main course salads fit the bill. Menu includes: Asparagus and Chicken Salad with Buttermilk Dressing, Blood Mary Steak Salad, Shrimp Fajita Salad and Salmon, Potato and Arugula Salad.

Monday, April 3 • 11:30 am - 1 pm OR Tuesday, April 4 • 7 - 8:30 pm

\$50

SPRING SOUPS *NEW!*

Spring may be in the air but don't put away those pots and ladles just yet! Menu includes: Lemon Chicken with Orzo Soup, Mussel Soup, Scallop and Corn Chowder and Summer Vegetable Minestrone.

Monday, April 24 • 11:30 am - 1 pm OR Tuesday, April 25 • 7 - 8:30 pm

\$50

WARM WEATHER ENTERTAINING *ENCORE!*

Host a fabulous dinner party where most of the food can be grilled (indoor or outdoor) Menu includes: Grilled Shrimp with Red Pepper Mayonnaise, Grilled Honey-Glazed Skirt Steak, Roasted Potato and Green Bean Salad and Grilled Peaches with Fresh Raspberry Sauce.

Monday, May 8 • 11:30 am - 1 pm OR Tuesday, May 9 • 7 - 8:30 pm

\$50

EASY-BREEZY APPETIZERS *ENCORE!*

Keep summer entertaining simple with these easy appetizers that keep you out on the deck and out of the kitchen! Menu includes: Antipasto Skewers; Apricot Ricotta Honey Bites; Caesar Salad Bites; Crab and Cucumber Canapés; Sausage Pineapple Bites; Sun-Dried Tomato Dip; Watermelon, Feta and Blackberry Skewers and more.

Monday, May 22 • 11:30 am - 1 pm OR Tuesday, May 23 • 7 - 8:30 pm

\$50

“WHAT'S FOR DESSERT?” at NUTMEG: Cupcake & Cookie Decorating! *NEW!*

Enjoy a pleasant evening at the Nutmeg Bakery creating beautiful spring flowers on cookies and cupcakes. Explore playful ways of decorating cookies and cupcakes using a variety of applications, including fondants, buttercream and other frostings. You'll learn some tricks and techniques that you can try at home. In the end, there will be delicious baking creations for all to bring home and enjoy!

Cindy Bothwell is the Baker/Owner of NUTMEG/ What's for Dessert? After a lifelong passion for baking dating back to her childhood days in the orchards of Napa Valley, Cindy brings her home-style American baking to her new establishment. Nutmeg's concentration on exceptional fresh and seasonal baked goods coupled with a cup of Joe have made it a desired destination spot.

Tuesday, March 21 • 7 - 9 pm Nutmeg, 64 Main St., Tuckahoe

\$50

DENISE'S TABLE

After living in London, Paris and Hong Kong for 20 years, Denise Leemputte shares her international cooking skills with these demonstration classes in her gracious home, to help you entertain with ease. **Location information will be emailed a few days before the class. Please check your email and spam folder.**

COUPLES COOKING: APRIL IN PARIS *NEW!*

The French are known for their style and flair and, of course, fabulous food. More dinner party than cooking class, this evening will guide you in all the secrets to recreating an authentic French dinner party, from aperitifs to dessert. The extraordinary four-course dinner will begin with setting a traditional French table, then on to a starter of smoked salmon, followed by Beef Bourguignon. Learn how to present the all-important cheese platter and end with Normandy apple tart.

Thursday, April 20 • 7 - 8:30 pm

\$100 per couple

AN ELEGANT SPRING DINNER *NEW!*

This versatile and elegant meal is meant to be enjoyed in any season. Menu includes: Pear, Blue Cheese and Pecan Salad Dressed with an Apple Cider-Honey Vinaigrette; Chicken Breast Stuffed with Goat Cheese, Fresh Sage, and Topped with Pepper Jelly; and Raspberry Fool to finish.

Tuesday, May 16 • 11:30 am - 1 pm OR Thursday, May 18 • 7 - 8:30 pm

\$50

FITNESS • YOGA • SPORTS

YOGA

Come discover why Mary Beltran's classes are so popular, and why students keep coming back. **Wear comfortable clothing (no perfume, please) and bring a mat and towel.**

BEGINNER

Day: 12 Fridays: March 3 - May 26 (no class 4/14) • 10:30 - 11:30 am
Bronxville Women's Club, 135 Midland Ave.

\$220

Evening: 12 Thursdays: March 2 - May 25 (no class 4/13) • 7:30 - 8:30 pm
Bronxville School

\$220

INTERMEDIATE

Day: 12 Fridays: March 3 - May 26 (no class 4/14) • 9 - 10 am
Studio B, 277 White Plains Rd., Eastchester

\$220

Evening: 11 Mondays: March 6 - May 22 (no class 4/10) • 7:30 - 8:30 pm
Bronxville School

\$200

FELDENKRAIS®

Feldenkrais® offers a safe, effective way for people of all ages and abilities to improve flexibility and coordination, reduce stress and relieve strain on back and joints. You will also learn increased sensory awareness. Freer, more efficient and graceful movement will result from learning to move more from your center of gravity. **Wear comfortable clothing (no perfume or scented soap, please) and bring an exercise mat.**

6 Wednesdays: April 19 - May 24 • 7:35 - 8:35 pm Bronxville School

\$110

Mary Beltran, LMT, RYT, is a registered Yoga teacher certified in Kripalu Yoga with more than 5,000 hours of experience; a certified Feldenkrais(r) practitioner and a certified breathing work teacher. She is certified by the American Council for Exercise as a personal trainer and group instructor.

WALK 15®

Experience WALK 15®, formerly known as Walking Workout. This indoor fitness class is founded on 15-minute, big calorie burning miles that use the best features of low impact aerobic style group exercise, yet keep it easy to follow. Our walking-based moves are set to music so that all fitness levels, all ages, and all sizes can enjoy it ...you'll feel successful the first time you walk with us!

Heather Buyers is a certified Walk Leader for the Leslie Sansone Walk Live Workout and is also a personal trainer. She is a member of the National Council on Strength and Fitness (NCSF).

Session 1: 4 Thursdays: March 2 - March 23 • 6:15 - 7:15 pm Bronxville School

\$75

Session 2: 4 Thursdays: April 20 - May 11 • 6:15 - 7:15 pm Bronxville School

\$75

Register for both sessions at the same time and save \$20

\$130

ZUMBA GOLD

A low-intensity, gentle class, perfect for beginners and those who have not exercised in a while. Enjoy great Latin styles of music and dance, with 45 minutes of total body and cardio workout, followed by 15 minutes of stretching exercises to improve balance and flexibility. **Bring water and a small towel.**

Myrna Fahnestock is an experienced and certified personal and group fitness instructor with a career in the health and fitness industry for more than 30 years. Her priority is to create a positive, fun and inspirational environment to boost students' self-esteem and motivate them to achieve their goals.

10 Tuesdays: March 7 - May 23 (no class 4/11, 5/16) • 6 - 7 pm Bronxville School \$185

BUFF BONES®

Buff Bones® is a medically endorsed, full body exercise system for bone and joint health that is terrific for beginners and anyone who wants to improve their current fitness level. It integrates Pilates, strength training, functional movement and therapeutic exercise with bone strengthening and balance techniques. It is safe for those with osteoporosis and osteopenia. Each class begins on the floor with mats and progresses to standing exercises for the last 15 minutes. The result is a workout that makes you longer, stronger, flexible, stand taller and develops solid core strength.

Students should be barefoot or wear non-slip socks. Bring a mat.

10 Mondays: March 13 - May 22 (no class 4/10) • 6:15 - 7:15 pm Bronxville School \$185

MAT PILATES

The Pilates Method is based on the guiding principles of the work of Joseph Pilates: control, centering, concentration, breath, precision & flow. It creates a strong core, builds long lean muscles without bulk, and improves posture, balance, flexibility and coordination. The exercises are performed on mats on the floor; additional props are sometimes utilized but the emphasis is to work the body with itself. No experience necessary. **Bring a mat.**

8 Wednesdays: March 22 - May 17 (no class 4/12) • 9:30 - 10:30 am
Bronxville Women's Club, 135 Midland Ave.

\$150

Annette Bressie Jackson is a former ballerina with the Joffrey Ballet and a certified Pilates and Buff Bones® instructor. She has been teaching ballet technique and Pilates to students of all ages in Westchester County for the past sixteen years.

RESTORATIVE YOGA

Wind down from the day and ease into the rest of the week in this restful yoga practice. In this class, we will move through gentle sequences designed to relax the body and quiet the mind. Restorative Yoga is a gentle form of yoga designed to offer a pause from the stresses of life and facilitate deep relaxation and renewal. This practice is slower and gentler than a basic yoga class. Excellent if you have limited range of motion, are moving through injury recovery or simply want to relax. This quieting practice is designed to release areas in your body where stress is stored. Using the breath and movements that will allow the mind and body to enter into a deep relaxation state helping to regulate and balance the nervous system, release muscular tension and restore vitality. **Bring a mat.**

7 Tuesdays: March 14 - May 9 (no class 3/28, 4/11) • 6 - 7 pm Bronxville School \$130

CHAIR YOGA *NEW!*

Have you always wanted to practice yoga, but the thought of getting up and down on the mat keeps you away? Then Chair Yoga is for you. With the support of a chair you will receive all the benefits of a full yoga practice. Yoga relaxes the body and mind, improves musculoskeletal fitness and flexibility. Chair Yoga offers a way to improve your balance, health and general wellbeing. Through an amazing form of adaptive exercises that blend breathing techniques and yoga postures you will leave each class feeling renewed and refreshed.

6 Mondays: April 17 - May 22 • 6 - 7 pm Bronxville School \$110

Nan Nutnick has been practicing yoga for over twenty years. She finds the effect that yoga has on people truly astounding, bringing balance and clarity into everyday awareness. Nan teaches with the constant reminder that it's a yoga practice not a yoga perfect. To accept what's happening in that moment without judgment or comparison. She received her 200/hour RYT certification at Yoga Haven. She also holds certifications in Pre/Post Natal Yoga, Restorative Yoga and Chair Yoga.

GLUTE RECRUIT *NEW!*

Actively recruit your glutes for development and strength by using this multiplanar approach. Calorie-torching exercises with targeted cues that will give you more glutes and less legs. Seal the deal with athletic and dynamic movements to trap the heat for a sizzling hot derriere and waistline.

Jess Mazzucco is a certified fitness professional, a certified posture specialist and a licensed Zumba instructor. She specializes in flexibility, mobility and strength training, primarily for women.

8 Mondays: March 20 - May 15 (no class 4/10) • 1:30 - 2:30 pm \$150

Express Train, 16 John R. Albanese Place, Eastchester

Express Train is a one-on-one personal training facility located in Eastchester. It is a state-of-the-art, 3,000 square foot facility and features brand new equipment. Express Train specializes in specific programs designed to keep you moving on your one stop to fitness.

MAX CARDIO INTERVAL TRAINING *NEW!*

A unique combination of high intensity and low impact cardio, this class gets your heart pumping with fun cardio moves and builds bone density with bodyweight and band intervals. An emphasis on personal attention and proper technique helps you build lean muscle so you slim down and get stronger. This dynamic class gives you the best opportunity to work at the level that's right for you.

Bring a mat, hand towel and water. Proper footwear, sneakers are required.

8 Wednesdays: March 22 - May 17 (no class 4/12) • 7 - 8 pm Bronxville School \$150

FITWALK

FitWalk is a fabulous new approach to fitness based on a perfect blend of nature, ancient teachings and modern medical and scientific knowledge. As the name implies, FitWalk's foundation is walking, aggressive and purposeful, combined with unique training methods that address all major muscle groups and follow the most up-to-date High Intensity Interval Training principles. Each class is different, but they are all like getting multiple workouts in a single session! FitWalk classes naturally encourage mindfulness, camaraderie, and positive imaging to support mental and emotional health. Each workout will focus on a different wellness topic. **Bring a water bottle and 2 or 3 lb. weights if you have them.**

8 Mondays: March 27 - May 22 (no class 4/10) • 10:30 - 11:30 am Bronxville Pond \$130

Tracey Gerety, the creator of FitWalk, is an AFAA certified Personal Trainer, Group Exercise instructor, and a longtime Yoga instructor.

TAP WITH A TWIST *NEW!*

What's the twist? This tap class is a fitness class. Instead of putting on your sneakers, you will lace up your tap shoes to join in the fun. Using upbeat, fun music, you will learn tap skills and tap dances and not even realize the great work out you will get. This class is designed for both beginner and intermediate levels to use tap to make the most out of your exercise routine. **Tap shoes required.**

8 Tuesdays: March 28 - May 23 (no class 4/11) • 10:40 - 11:40 am \$155

Studio B, 277 White Plains Rd., Eastchester

JAZZ-FUNK FITNESS *NEW!*

An exciting, high-energy class that makes fitness fun...and funky. Combining different dance styles such as jazz, hip hop, funk, ballroom and ballet, you will learn a different dance each week featuring great music from the 80's and 90's. It's a workout without the work.

Wear indoor sneakers, socks or jazz shoes (no outdoor shoes, please).

8 Thursdays: March 30 - May 25 (no class 4/13) • 10:45 - 11:45 am \$155

Studio B, 277 White Plains Rd., Eastchester

Studio B Dance Center is celebrating its 20th anniversary teaching dance to all ages and levels, and was recognized by Westchester Magazine as a Best of Westchester 2016 selection.

PLAY PICKLEBALL!

Pickleball is a racquet sport that combines elements of badminton, tennis, and paddle ball; players use solid wooden paddles to hit a wiffle ball over a net to score points. Students will learn all aspects of this great game, including rules and strategy, and work on all the skills the game has to offer. Whether you are a beginner or an advanced racquet sport athlete, this course will offer ample practice time along with individual and doubles games. Lots of fun and a great workout too!

All equipment provided; wear athletic sneakers and comfortable attire.

Gillian McGovern teaches Physical Education at the Bronxville School and coaches JV Girls Tennis and Modified Girls Lacrosse.

5 Tuesdays: March 28 - May 2 (no class 4/11) • 6:45 - 7:45 pm Bronxville School \$100

INTRODUCTION TO CARDIOVASCULAR FITNESS: Getting and Staying in Shape *NEW!*

Have you ever walked into a gym and felt intimidated by all of the equipment? During this intro class for men and women of all ages, students will learn how to properly use machines such as the treadmill, elliptical, rowing erg, spin bike, and arc trainer. You'll also learn about your heart rate zone and how to develop a cardiovascular workout routine that will keep your heart healthy. In addition, you'll be introduced to basic bodyweight movements that can be performed at home.

5 Tuesdays: March 28 - May 2 (no class 4/11) • 7 – 8 pm Bronxville School

\$100

PLAY VOLLEYBALL! *NEW!*

Volleyball is a team sport that requires a variety of strategy and skills. Students will learn all aspects of this great game, including rules and strategy, and work on all the skills necessary to successfully play a volleyball game: bump, set, spike, and serve. Whether you are a beginner or an experienced athlete, this course will offer ample practice time along with game opportunity. Lots of fun and a great workout too!

All equipment provided; wear athletic sneakers and comfortable attire.

5 Thursdays: April 20 - May 18 • 7 - 8 pm Bronxville School

\$100

Mike McGovern teaches Physical Education in the Mt. Vernon City School District. Mike has coached volleyball at the Varsity and Junior Varsity levels, as well as for travel leagues.

GAMES

MAH JONGG

Similar to the English card game Rummy, but played with Chinese character tiles, Mah Jongg's mix of strategy, skill, calculation and luck has made it Asia's most popular table game. Join us and find out why this fun, sociable and mentally stimulating game is in the middle of a U.S. revival that's attracting new fans both old and young. The course will be taught using the National MahJongg League standard rules of play. **Materials fee of \$10 for 2017 Mah Jongg card payable to instructor.**

Anne Wiesel is an avid Mah Jongg player and an experienced instructor. Mah Jongg is truly her passion! Learn to play this exciting game of skill, challenge, strategy and luck with a very patient and enthusiastic teacher.

BEGINNER

6 Mondays: March 6 - April 17 (no class 4/10) • 9:30 - 11:30 am

\$140

BEYOND BEGINNER: SUPERVISED PLAY

6 Mondays: April 24 - June 5 (no class 5/29) • 9:30 - 11:30 am

\$140

Bronxville Women's Club, 135 Midland Ave, Bronxville

BRIDGE: BEGINNER

Bridge is hotter than ever! Every day thousands of people play bridge at home, in clubs and on the Internet. Take these introductory courses to get your feet wet, and learn the rules of the game and the basic fundamentals of bidding, play and defense. No partner necessary.

9 Thursdays: March 23 - May 25 (no class 4/13) • 7 - 9 pm Bronxville School

\$225

BRIDGE: ADVANCED BEGINNER

This class is for players who have taken Beginner Bridge or who have some experience. We will learn conventions by playing prepared hands. This course reviews preemptive opening bids, overcalls and advances, and takeout doubles. No partner necessary.

8 Tuesdays: March 28 - May 23 (no class 4/11) • 10 am - 12 pm Bronxville Women's Club

\$200

BRIDGE: SUPERVISED PLAY

This format combines recreational play and organized learning - a great way for intermediate students to improve their knowledge of the game.

8 Tuesdays: March 28 - May 23 (no class 4/11) • 1 - 3 pm Bronxville Women's Club

\$200

Wendy Sklar is an ACBL Life Master. She has experience teaching privately and in local adult and child educational programs. She has served on the Westchester County Bridge Association Board and has chaired charity tournaments.

THE BRONXVILLE WOMEN'S CLUB

135 Midland Avenue, Bronxville, NY 10708

914-337-3252

www.bronxvillewomensclub.org

HOME • GARDEN • OUTDOORS

HOW TO SELL OR BUY YOUR HOME IN THE INTERNET AGE

Technology has certainly and irrevocably changed the way we sell and shop for homes. Over 90% of searches begin on the Internet. It shapes many peoples' expectations of what they want and need. Yet these days when marketing a home any broker worth his or her salt uses professional photography, floor plans and stagers. In this class you will learn the nuts and bolts you need to sell and buy a home most effectively – from pricing to the role of appraisals and comparable recent sales, property condition issues, timing of the transaction, the role of mortgage pre-approvals, key contract provisions and the closing. The Internet tells us just so much. If you are planning to sell or buy a home, condo or co-op this class will give you insights into how to navigate successfully in this new era.

Priscilla Toomey is an award-winning broker with Julia B. Fee Sotheby's International Realty. As a lawyer, she advised on commercial real estate transactions at a Fortune 100 company and was General Counsel of a national relocation company.

Monday, March 13 • 7 - 9 pm Bronxville School

\$30

CURRENT TRENDS IN HOME DESIGN *NEW!*

Whether you've just bought your dream home or are planning to sell your home and make it someone else's dream, knowing the latest design trends and where to invest your money is priceless. This workshop will review the most effective approaches to tackle renovation projects that will make the most of your home and investment. There will be an opportunity to ask questions about your own personal design projects and how best to resolve them and create the home you've always wanted.

Amy Broderick is an interior designer working in the New York tri-state area for the last ten years who specializes in residential interiors and renovations. Amy focuses on creating interiors that uniquely reflect the client's personality, desires and lifestyle. Her work ranges from traditional to modern, with every project being unique to the client's needs and personal design taste.

Thursday, March 23 • 7 - 9 pm Bronxville School

\$30

STAGING YOUR HOME TO SELL: 2017 *NEW!*

Two things engage buyers: price and condition. Selling quickly and well depends on nailing it on both counts. Home staging improves the market condition of your property while easing your mind. Among topics to be covered: seeing what buyers see, how best to prioritize your time and resources, options for what to do with all your stuff, reducing the stress and what makes the best listing photos. Students can submit questions and photos until 3/20 for discussion and constructive problem solving during the class.

Marie Graham is a Decorator, Home Stager, Photo Stylist, creator and CEO of The Refreshed Home.

Monday, March 27 • 7 - 8:30 pm Bronxville School

\$30

Register for How to Sell or Buy Your Home in the Internet Age, Current Trends in Home Design and Staging Your Home to Sell at the same time and save \$20. All three classes for \$70.

SPRING GARDENING: Planting, Pruning, and More *NEW!*

Get a head start on your gardening this spring and enjoy the results of your efforts this summer! Learn how to use nature to time certain garden tasks, like weed prevention and best times to plant. With planting season upon us, will that perennial or shrub you fell in love with in the catalog thrive here? Find out how knowing your USDA Hardiness Zone will help you pick the right plant. Pruning is a garden chore steeped in mystery, but Chris will show you how to look at your shrubs to determine what and where to cut, so you'll feel confident wielding your pruners. She will also talk about new plant introductions for spring 2017, so you'll know what to look for in the nurseries.

Christina Shankar is a Master Gardener with Cornell Cooperative Extension in Rockland County, and has owned a garden design business, Gardens by Chris, since 2006.

Wednesday, March 29 • 7 - 9 pm Bronxville School

\$30

13th ANNUAL SPRING BIRD-SPOTTING WALK

When spring comes, the birds come! Last year on our annual stroll around the lake, we spotted more than 20 species of birds in just two hours. May is a fantastic month for the redwing blackbird, the Baltimore oriole and even the elusive cedar waxwing. Get a close-up look at the great egret. Learn to identify a variety of warblers by sight and song. **Bring binoculars if you have them.**

Bird Walk Guide Sandy Morrissey is President of the Bronx River Sound Shore Audubon Society.

Wednesday, May 17 (rain or shine) • 9 - 11 am Bronxville Pond

\$25

MUSIC • DANCE

CHOREOGRAPHY FOR YOUR SPECIAL DANCE *NEW!*

Whether you are planning your first dance for your wedding or for another special event, this class will prepare you with dance-choreography that will make you feel comfortable at the center of attention. Students (engaged couples, parents, father/daughter, mother/son) will speed through several stylized foxtrot dance steps to learn a dance in a supportive group setting that can be performed to the song of your choice. **No previous dance experience necessary.**

12 Thursdays: March 2 - May 25 (no class 4/13) • 7:35 pm - 8:35 pm
Bronxville School

\$400 per couple

LET'S SALSA!

The hottest social dance, Salsa "on 2" NY Style. This hottest course focuses on timing, footwork, partnering, and doing those turns the "right" way in a fun, supportive environment.

No partner necessary. Wear loose clothing and dance sneakers or comfortable shoes with smooth soles.

Beginner: 6 Thursdays: March 2 - April 6 • 6:30 pm - 7:30 pm Bronxville School

\$100

Beyond Beginner: 6 Thursdays: April 20 - May 25 • 6:30 pm - 7:30 pm Bronxville School

\$100

Evangelina Rivera has been a dance instructor throughout the Tri-State area and Westchester County for more than fifteen years. Evangelina studied New York Style Salsa with the King and Queen of Salsa, Eddie and Maria Torres, and she studied Ladies Salsa styling with Melissa Rosado.

BELLY DANCE FOR FUN AND FITNESS

Discover the joy of belly dance and connect to your feminine energy while you shimmy to the beats of the drums of the East. Each class will give you a complete workout, incorporating a thorough warm-up, basic hip and abdominal isolations, dance techniques, travel steps and a short dance sequence. This dance celebrates the unique female form. All shapes and sizes are welcome.

Bare feet, dance slippers or light sandals.

Bina Bora, Professor of Middle Eastern Dance at SUNY-Purchase and a certified Middle Eastern Belly-dance Instructor, has been dancing and performing since the age of five.

Beyond Beginner:

10 Mondays: March 13 - May 22 (no class 4/10) • 7:30 - 8:30 pm Bronxville School

\$165

Beginner:

8 Mondays: March 27 - May 22 (no class 4/10) • 6:25 - 7:25 pm Bronxville School

\$130

LINE DANCING

Beginner/High Beginner: You'll learn basic steps including, grape vines, weaves, shuffles, pivot turns, lock steps, coaster steps, rocking chairs, Monterey, jazz boxes and others! You'll dance to some fun popular country as well as a few fun "classics."

11 Tuesdays: March 14 - June 6 (no class 4/11, 5/16) • 7:30 - 8:30 pm Bronxville School

\$180

Intermediate: If you have progressed beyond High Beginner, this is the class for you. Maybe it's dance with more than 32 counts, maybe there is a tag or restart, or maybe you want to learn how to add turns or spins.

11 Tuesdays: March 14 - June 6 (no class 4/11, 5/16) • 8:35 - 9:35 pm Bronxville School

\$180

Adam Cherko is an instructor for The Knights Line Dancers in Rockland County as well as a private and group instructor in Westchester.

GUITAR

Beginner: Get started with the fundamentals - strumming, picking, chords and more. Even if you do not read music, you will learn to play your favorite songs in just eight weeks. **Bring a guitar.**

8 Tuesdays: March 21 - May 23 (no class 4/11, 5/16) • 7 - 8:15 pm Bronxville School

\$200

Al Esposito is a professional musician with more than 30 years of experience playing live concerts, recording and teaching privately at his Eastchester studio.

TAP WITH A TWIST

8 Tuesdays: March 28 - May 23 (no class 4/11) • 10:40 - 11:40 am

\$155

See page 14 for complete information.

IRISH CEILI DANCING

Beginners will learn the basic steps of the popular form of Irish folk dancing known as Ceili (pronounced kaylee). This is a great form of exercise and the music is lively. Come join the fun! **Wear sneakers and socks.**

Bridget Flynn owns the Flynn School of Irish Dance and has been traveling to Ireland to dance competitively since the age of 11.

6 Wednesdays: March 29 - May 10 (no class 4/12) • 6:30 - 7:30 pm Bronxville School \$100

SOCIAL DANCING

Learn the basics of the most popular dances to get you on the dance floor at weddings, cruises, nightclubs and other social events, including Rumba, Cha Cha, Bachata, Merengue, Foxtrot, Waltz, Tango, Swing and Disco. **No partner necessary. No sneakers.**

Barbara Antes has more than 16 years of dance experience with amateur and pro competition and owns the Westchester Ballroom in Mount Kisco, New York.

8 Wednesdays: March 29 - May 24 (no class 4/12) • 7 - 8 pm Bronxville School \$130

JAZZ-FUNK FITNESS

8 Thursdays: March 30 - May 25 (no class 4/13) • 10:45 - 11:45 am \$155
See page 14 for complete information.

GROUP SINGING: IT'S EASIER THAN YOU THINK!

Love to sing? You will have fun in this supportive class, belting out tunes while learning to sing more easily and with a healthy vocal technique. Singing together as an ensemble, students will explore a variety of styles, from Rodgers and Hammerstein and Cole Porter to rock musical theatre.

Please check our website for dates and complete details.

PERSONAL DEVELOPMENT • WELLNESS

MINDFULNESS: How to Achieve Calm, Ease and Balance in the Midst of Your Busy Life

In this course, you will learn several basic mindfulness practices and techniques that you can use immediately in your daily life to decrease stress, improve concentration and focus, increase your awareness of how to work effectively with thoughts and feelings, and enhance your overall sense of well-being. Through guided meditations and mindfulness exercises, you will come away with a set of practical mindfulness tools to help reduce stress and anxiety and find peace, even amidst the fast pace and overwhelming demands of life. Mindfulness can even be effective in helping to get a good night's sleep!

5 Thursdays: March 23 - April 27 (no class 4/13) • 7 - 8:15 pm Bronxville School \$125

MINDFULNESS: Deepening Your Practice *NEW!*

This course is for those with an established mindfulness practice, or for those with a basic knowledge of mindfulness who have an interest in establishing one. The classes will focus on deepening your mindfulness experience, as well as expanding and strengthening your ability to integrate mindfulness into your daily life. Through formal guided meditation practices, mindfulness exercises, informational talks and class discussion, this course will provide you with support for setting up and maintaining your personal practice. Class topics will include: developing concentration, loving-kindness practice, walking and gentle mindful movement meditation, working with obstacles to practice, foundational mindfulness attitudes, mindful communication, developing wisdom and next steps for your mindfulness practice.

4 Thursdays: May 4 - June 1 (no class 5/11) • 7 - 8:15 pm Bronxville School \$100

Susan Romney is an experienced Mindfulness Educator with a Master's Degree in Mental Health Counseling. She has taught mindfulness at high schools, colleges and hospitals throughout the tri-state area, and also teaches Mindfulness to individuals and small groups.

HEART SAVER CPR/AED

Get instruction in adult, child and infant CPR. Learn to recognize breathing difficulty and cardiac arrest and how to provide immediate care. Using the AED (automated external defibrillator) we demonstrate how to restart the heart while awaiting professional care. We also cover choking rescue for adults, children and infants. Students receive two-year CPR certification by the American Heart Association and a practice workbook.

Karen Sheer is an AHA Instructor, a NY State Emergency Medical Technician and has been an active officer in the Scarsdale Volunteer Ambulance Corps for 27 years.

Thursday, March 23 • 6:45 - 9:45 pm Bronxville School \$75

CAREER TRANSITIONS: Returning to the Workforce or Making a Career Shift *NEW!*

3 Tuesdays: March 28 - April 18 (no class 4/11) • 7 - 9 pm Bronxville School

\$100

See page 8 for complete information.

DISCOVER YOUR MEMORY POWER *NEW!*

There is no such thing as a bad memory, just an untrained one. The key to a good memory is training. Quick recall is a skill, just like swimming or riding a bike. Once you know how to do it, you have that skill forever and you can use it right when you need it. Matthew Goerke's "Memory Switch" techniques make it as easy as flipping a switch. Turn on the power in your memory and see what a difference it can make for you professionally, scholastically, personally, even financially. A fun way to flex your memory muscle and impress people half your age.

Matthew Goerke is regarded as one of America's leading experts in the field of Memory Development. He has shared with thousands of business professionals from all walks of life the techniques for developing an instant recall memory with results that can only be described as amazing.

Monday, April 3 • 7 - 8:30 pm Bronxville School

\$35

FLOURISHING FEMALES: A Course in Women's Self-Care *NEW!*

Flourishing Females is a series designed to connect women to their most peaceful, confident, joyful, and loving selves. Each week we will gather to take a break from our busy schedules, and put ourselves first! We will explore various tools, techniques, resources, and mindfulness practices to empower our body and mind, such as: meditation, energy healing, breath work, journaling and more! By the end of the series, you will leave with a toolkit of self-care rituals that will not only transform your relationship with yourself, but also enhance all areas of your life - feeling clear, revitalized, supported and inspired.

Bring a yoga mat and notebook/journal.

4 Mondays: April 17 - May 8 • 7 - 8 pm Bronxville School

\$100

Kate Cannataro is a Licensed Master Social Worker in New York, an empathic-based energy worker and certified Usui Reiki practitioner, which she uses to empower women through self-care practices.

Nina Passero is an empathic energy worker, certified Usui Reiki Healer and certified ChildLight Yoga Teacher.

HOLISTIC HEALTH WORKSHOP *NEW!*

In this chair yoga class, we will explore how movement, breath work, guided imagery, meditation, therapeutic music, therapeutic sound, aromatherapy and energy all work to help in bringing a sense of calm, comfort, relaxation and well-being to the mind, body and spirit. This class teaches techniques that can help decrease chronic pain, depression, anxiety and stress. **Dress in relaxed clothing. You may wear shoes, but wearing just socks is more comfortable as well as more effective for this class.**

Debby Steinberg, MS, RN, AHN-BC, RYT, is an advanced holistic registered nurse, board certified and a registered yoga teacher. After years of a fulfilling career in Pediatrics, she taught wheelchair rehabilitation yoga and soon after completed her Masters of Science in Holistic Nursing. She is Adjunct Faculty at The College of New Rochelle, has a private practice and works independently at Northwell Health.

Please check our website for date and complete details.

READING • WRITING • SPEAKING • ACTING

READING SHAKESPEARE ALOUD

It is reputed that Abraham Lincoln could recite Hamlet in its entirety, in part because he read Shakespeare aloud in a group. Depending on the interest of the group, an entire play or selected scenes from a variety of plays will be studied. Let the actor in you emerge, or simply participate in the discussion.

Frances Gilmore, a former English teacher and learning specialist, received a NEH Grant for Studying Shakespeare. She is an inveterate audience member of New York City Shakespeare productions, and local Shakespeare performances. Patrick Hewes has extensive experience with Shakespeare, teaching acting technique, performing, and focusing on theatricality of the text.

8 Tuesdays: March 21 - May 23 (no class 4/11, 5/16) • 7 - 8:30 pm Bronxville School

\$175

MYSTERIOUS BOOKS

From smoky-eyed vamps to spunky PIs, the role of women in crime fiction has come a long way, baby! This course includes women crime fiction writers and female sleuths, with the occasional "guy" thrown in for comparison. **Book list will be provided before the first class.**

Jean Geiger is a college administrator and former adjunct instructor at CUNY who might someday finish the mystery novel in her bottom drawer. Jean has taught at BAS since 1996.

6 Thursdays: March 30 - May 11 (no class 4/13) • 6:30 - 8:30 pm Bronxville School

\$120

ACT IT OUT!

Flex your acting muscles and dip your toes into storytelling waters with drama exercises that will improve communication, channel creativity/emotions and strengthen your speaking voice. We will use both improv and scripted work as we explore the basics of the art and craft of performing. No experience necessary - just a sense of fun and adventure!

Jessica Rodwick has over 25 years of performance and acting experience in theatre and TV/film. A graduate of Bronxville High School and Fordham College @ Lincoln Center (BA in Theatre), she has performed in NYC at Off Broadway and Off-Off Broadway venues, in addition to performing in National Tours. She is a Voiceover Artist, Teacher, Writer and Editor, and has taught Drama at Sarah Lawrence College and The Van Nest Academy.

8 Thursdays: March 23 - May 18 (no class 4/13) • 7:15 - 8:45 pm Bronxville School

\$175

PUBLIC SPEAKING MADE SIMPLE *NEW!*

Have you ever been asked to say a few words at a testimonial dinner or memorial service? Have you ever been asked to give a toast at a family gathering? Have you ever needed to present information at a business meeting? There are so many examples of situations in our lives that can be defined as “public speaking.” Learn the simple guidelines of how to shape, prepare and deliver your remarks so you can greet these moments with confidence.

4 Wednesdays: March 29 - April 26 (no class 4/12) • 7 - 8:30 pm Bronxville School

\$100

PERFORMING ARTS SPOTLIGHT: Playwright Anton Chekhov *NEW!*

There are quite a few theater people in the world who believe playwright Anton Chekhov is second in greatness only to Shakespeare. We'll look at his life and career, the formation of the Moscow Art Theatre, and read, discuss and - maybe stage a scene or two - from two of his masterworks, *The Seagull* and *Three Sisters*.

4 Wednesdays: May 3 - May 24 • 7 - 8:30 pm Bronxville School

\$100

Peter Royal has been directing plays and teaching theater for the past thirty-five years, the most recent fourteen of them at The Bronxville School. His productions have won local and national awards, and, on three occasions, Bronxville Drama has been invited to perform at the Edinburgh International Fringe Festival in Edinburgh, Scotland.

BEGINNER WRITING WORKSHOP *NEW!*

If you have a great idea and want to turn it into a story, join this class and your writing dream will take off. We will work on basic techniques of plot, character development and descriptions, to help you find your voice and discipline yourself to write regularly. These workshops will provide students with advice and constructive criticism in a friendly, supportive environment, to enable you to move ahead with your project. This class is for all levels of fiction and memoir.

4 Thursdays: April 27 - May 18 • 7 - 8:30 pm Bronxville School

\$100

Ines Rodrigues is a journalist, writer and teacher. She teaches Intermediate Novel Writing at the Writing Institute-Sarah Lawrence College, and Italian language at Bronxville Adult School. She is one of the creators of the Scarsdale Salon, a literary event at the Scarsdale Library. Her novel, Days of Bossa Nova, will be published soon by Black Opal Books.

WORLD LANGUAGES

FRENCH: Beginner

This basic grammar and conversation class emphasizes dialogue, culture and essentials for travel.

10 Thursdays: March 30 - June 8 (no class 4/13) • 7 - 8 pm Bronxville School

\$200

FRENCH: Beyond Beginner

This class is ideal for students who have taken the beginner class or have other minimal experience in French.

10 Wednesdays: March 29 - June 7 (no class 4/12) • 7 - 8 pm Bronxville School

\$200

Isabelle Bédard is a French native. She holds a Master's degree in English and a degree in teaching French as a foreign language (License FLE) from the University of Paris. She has taught French at Horace Mann, Brearley, the Alliance Française and The Masters School.

Idea for a new class? Or a teacher?
Email: adultschool@bronxvilleschool.org
We are always eager to receive new ideas!

FRENCH: Intermediate

This course is designed for those who have acquired a good foundation in French (vocabulary and grammar) and wish to hone their conversation skills. Students will increase their comprehension and confidence through discussions on current events, articles drawn from a variety of topics, personal experiences, including their travels in France, and more. There will also be opportunities to enrich vocabulary and sharpen grammar.

Isabelle Fuller holds Master's degrees in English and French from the University of Tours in France and Fordham University. She has taught at Marymount, Sarah Lawrence and Westchester Community colleges as well as Marymount High School/Fifth Avenue. She was also a teacher at the Alliance Française Center in Manhattan and Greenwich, CT. In addition, she runs the weekly French Table at the Harvard Club in Manhattan.

8 Wednesdays: March 29 - May 24 (no class 4/12) • 7:15 - 8:30 pm Bronxville School \$200

ITALIAN: Beginner 2

This class is for students who have a very basic notion of the language or who have taken the Italian Beginner 1 course or equivalent.

10 Wednesdays: March 15 - May 24 (no 4/12) • 6:30 - 7:30 pm Bronxville School \$200

ITALIAN: Intermediate

If you have a basic, introductory knowledge of Italian, this is the level for you. This level focuses on increasing vocabulary beyond basic question-answer and short sentences. We will learn more grammar and a lot about Italy.

10 Tuesdays: March 7 - May 23 (no class 4/11, 5/16) • 6:30 - 7:30 pm Bronxville School \$200

ITALIAN: Advanced 1

This group has a reasonable knowledge of the most used Italian verbs and vocabulary. Lessons are taught 70% in Italian, 30% in English, and are aimed at students who have some understanding of Italian (speak, read, basic grammar and verbs in the present tense).

10 Wednesdays: March 15 - May 24 (no 4/12) • 7:30 - 8:30 pm Bronxville School \$200

ITALIAN: Advanced 2 -The Italian Life

This course is recommended for anyone who has a medium knowledge of conversation and reading in Italian, or for students who finished Italian Advanced. The tools to practice grammar and vocabulary are Italian culture and current events: we will learn more about art, history and modern Italy by listening to and reading short texts. These texts will also be the basis for new grammar points. Lessons will be completely in Italian and will include more conversation in class.

10 Tuesdays: March 7 - May 23 (no class 4/11, 5/16) • 7:30 - 8:30 pm Bronxville School \$200

ITALIAN: Beginner

Please contact our office for information.

Ines Rodrigues has been teaching Italian at Bronxville Adult School for six years and is certified by the University of Perugia, Italy. She has worked as an interpreter for Italian personalities such as Laura Pausini, Lucio Dalla and Eros Ramazzotti. She also teaches creative writing courses.

SPANISH: Beginner

This is an introductory course for beginners with little or no formal education in Spanish and will focus on the basic grammatical and vocabulary concepts of elementary Spanish.

10 Mondays: March 13 - May 22 (no class 4/10) • 7:35 - 8:35 pm Bronxville School \$200

SPANISH: Beyond Beginner

Students will continue to be exposed to grammar and vocabulary used in everyday conversation in authentic settings. Ideal for those who have completed the Beginner class or have other minimal experience in Spanish.

10 Mondays: March 13 - May 22 (no class 4/10) • 6:30 - 7:30 pm Bronxville School \$200

Cristina Dutilh is from Uruguay and is a highly experienced Spanish teacher, translator and interpreter. Cristina has a B.A. in Translation and Interpretation and a soon-to-be completed Master's degree in Spanish Literature, in addition to coursework at the Instituto Cervantes. Cristina loves teaching her native language and tries to make learning as enjoyable and individualized as possible for her students.

You Need to Know

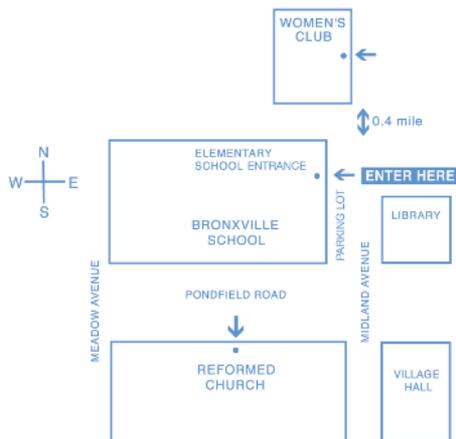
THE BRONXVILLE ADULT SCHOOL, INC. 74th Program

March 1, 2017 – June 27, 2017

NO CLASSES: April 10 – 16 • May 29

CONTACT INFORMATION

- Mailing Address:
P.O. Box 334
Bronxville, NY 10708
- www.bronxvilleadultschool.org
- 914.793.4435
- Email: adultschool@bronxvilleschool.org



ENTRANCE INFORMATION for BRONXVILLE SCHOOL: Due to District safety rules, the only entrance open in the evening is the Elementary School entrance on Midland Ave. next to the playground and parking lot. Staff will be available to direct you to your classroom.

LOCATION: Unless otherwise noted, all classes take place at the Bronxville School at 177 Pondfield Road. Please note that this is NOT the mailing address for the Bronxville Adult School. There is ample free parking at the Midland Ave. entrance.

ACCESSIBILITY: Our classrooms are accessible to persons with disabilities. **Please advise us when you register if you have special needs.**

REGISTRATION: You may register online at www.bronxvilleadultschool.org, by mail with check, Visa, MasterCard or Discover, or by phone. Registration is ongoing. Classes are filled in the order in which registrations are received. Students assume full responsibility for choosing the appropriate course level. Please contact the office if you have a question about the level or material. **Order confirmations will be sent via email only.**

INCLEMENT WEATHER: For closings due to bad weather, check our website or call the school. When the Bronxville School is closed, our classes are automatically canceled. **Class cancellations due to inclement weather will be made up and will not be refunded.**

CANCELATIONS and REFUNDS: A full refund will be issued if your course is canceled due to low enrollment or if filled. To cancel a registration, contact the office at least **5 FULL BUSINESS DAYS prior to the class start date.** You will receive a full refund, less a \$10 processing fee.

No credit will be given for missed classes or if you are unable to attend a rescheduled make-up class. There are no refunds or credits once a course begins.

Refunds for trips will only be issued if you withdraw **more than 3 WEEKS prior to the trip date.** You will receive a full refund, less a \$20 processing fee. For cancellations after the deadline, IF your space can be filled you will receive a refund, less a 25% processing fee.

GENERAL: The Bronxville Adult School is not responsible for any advice or consultation given within or beyond the classroom setting and course curriculum material. Students assume responsibility for damage to or loss of personal property or injury on premises or off-site.

Registration Form

Name _____
 Address _____ Apt.# _____
 City _____ State _____ Zip _____
 Home Phone _____ Cell Phone _____
 *Email _____

* Needed in case of weather cancelation and for order confirmation. If you don't have email, please read page 22.

Course Title	Start Date	Time	Fee

Please list additional courses on a separate sheet.

Please consider a tax-deductible donation to the Bronxville Adult School. \$ _____

Register online at www.bronxvilleadultschool.org Total \$ _____

Please note cancelation and refund policy on page 22.

Check
 Visa 
 MasterCard 
 Discover 

Credit Card Number _____ Expiration Date _____

Signature of Cardholder _____ Print Name as it appears on card _____

Make check payable to Bronxville Adult School • P.O. Box 334 • Bronxville, NY 10708



MISSION STATEMENT

The Bronxville Adult School is a not-for-profit organization incorporated in 1957 and chartered by the New York State Board of Regents. Recognizing the importance of life-long learning, the Bronxville Adult School offers all adults of Bronxville and surrounding communities the opportunity for personal growth through life-enhancing skills and provides cultural, intellectual and recreational stimulation at a nominal cost.

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