

History & The Arts

[History Happy Hour: May 4-Class Series](#) *NEW

Christine Axen

4 Wednesdays: May 5–26
5:30–6:30 pm \$50

OR register for each class separately:

[History Happy Hour: Medieval Relics](#) *NEW

Christine Axen

Wednesday, May 5
5:30–6:30 pm \$15

[History Happy Hour: A Thirteenth-Century Sketchbook](#) *NEW

Christine Axen

Wednesday, May 12
5:30–6:30 pm \$15

[History Happy Hour: Love Stories of the Middle Ages](#) *NEW

Christine Axen

Wednesday, May 19
5:30–6:30 pm \$15

[History Happy Hour: On the Road as a Medieval Pilgrim](#) *NEW

Christine Axen

Wednesday, May 26
5:30–6:30 pm \$15

[History Happy Hour: June 5-Class Series](#) *NEW

Christine Axen

5 Wednesdays: June 2–30
5:30–6:30 pm \$65

OR register for each class separately:

[History Happy Hour: The Lindisfarne Gospels](#) *NEW

Christine Axen

Wednesday, June 2
5:30–6:30 pm \$15

[History Happy Hour: Medieval University Life](#) *NEW

Christine Axen

Wednesday, June 9
5:30–6:30 pm \$15

[History Happy Hour: Viking Sagas](#) *NEW

Christine Axen

Wednesday, June 16
5:30–6:30 pm \$15

[History Happy Hour: Mont St Michel, Then and Later](#) *NEW

Christine Axen

Wednesday, June 23
5:30–6:30 pm \$15

[History Happy Hour: Medieval Queens](#) *NEW

Christine Axen

Wednesday, June 30
5:30–6:30 pm \$15

[Shopping During the Turn of the 20th Century: The Department Stores of Ladies Mile and Herald Square](#) *NEW

Ginny Poleman

Monday, May 10
7–8 pm \$15

[Terminal City: Grand Central's Neighborhood—the Old and New \(In-Person\)](#) *NEW

Ginny Poleman

Sunday, May 16
1–3 pm \$55

[The “Russian Soul” in Art](#) *NEW

Serdar Arat

Tuesday, May 11
7–8:30 pm \$15

[Richard Wagner and Die Walküre](#) *NEW

Regina Zona

Monday, May 10
7–8:30 pm \$15

[The Symphony Orchestra in the 20th and 21st Centuries](#) *NEW

Martin Goldray

Monday, May 17
7–9 pm \$15

[Reel IQ: NYC in the 70s](#) *NEW

Debra Griboff

4 Thursdays: May 13–June 10 (no class 5/27)
7–9 pm \$75

Computers & Technology

Streaming Media: Amazon Fire TV Stick, Apple TV & Roku

Tom Mahony

Monday, May 17
7–8:30 pm \$15

Creative Arts

Watercolor Landscape Painting en Plein Air (In-Person)

Pam Tucker

4 Tuesdays: May 4–25
10 am–12 pm \$100

Still Life Drawing and Painting *NEW

Sylvia Vigliani

4 Tuesdays: May 25–June 15
6:30–8:30 pm \$85

Knitting: Beyond Beginner (In-Person)

Melissa Shinsato

6 Thursdays: May 13–June 17
6 pm– 7:30 pm \$135

Fitness & Yoga

Focused Walking (In-Person) *NEW

Heather Buyers

5 Tuesdays: May 11–June 8
6:30–7:30 pm \$85

Belly Dance for Fun and Fitness: Beyond Beginner

Bina Bora

6 Tuesdays: May 25–June 29
7–8 pm \$75

Zumba Gold®

Julie Conte

6 Tuesdays: May 18–June 22
1:15–2:15 pm \$75

Buff Bones®

Annette Bressie Jackson

6 Wednesdays: May 19–June 23
9–10 am \$75

Walk 15®

Heather Buyers

6 Wednesdays: May 19–June 23
10:30–11:30 am \$75

Cardio Strength with Glutes and Abs

Tracey Gerety

6 Wednesdays: May 19–June 23
6:30–7:30 pm \$75

FitWalk to Wellness (In-Person)

Tracey Gerety

6 Fridays: May 28–July 2
10:30–11:30 am \$105

Chair Yoga (Day)

Nan Mutnick

6 Wednesdays: May 19–June 23
2–3 pm \$75

Kripalu Yoga: Beginner

Mary Beltran

5 Fridays: May 28–June 25
10:30–11:30 am \$65

Introduction to Tai Chi-Qigong (In-Person)

Grand Master Sung K Yoo and Hong Ik Martial Arts of Bronxville

6 Mondays: May 3–June 14 (no class 5/31)
10–11 am \$135

Improve Posture and Ease Pain with the Alexander Technique (In-Person)

Claudia Wald

5 Tuesdays: May 11–June 8
10:30–11:45 am \$130

Food & Drink

[Destination Dinner: Bologna](#) *NEW

Angela Andreatos

Wednesday, May 12
5:30–7 pm \$15

[Creative Sushi Rolling & Poke Bowls](#) *NEW

Laura Scheck

Wednesday, May 19
6–7:30 pm \$29

[Fresh Fabulous Fish](#) *NEW

Wendy Pregiato

Thursday, May 20
5:30–6:45 pm \$15

[Destination Dinner: Mexico](#) *NEW

Angela Andreatos

Wednesday, May 26
5:30–7 pm \$15

Personal Growth & Lifestyle

[Guided Meditation Practice During These Uncertain Times](#)

Punita Thaker

4 Thursdays: May 6–27
7–7:30 pm \$20

4 Thursdays: June 3–24
7–7:30 pm \$20

[Planting for Pollinators](#) *NEW

Madeline Mignone

Wednesday, May 12
10–11:15 am \$15

[Mindful Nature Walk and Tea \(In-Person\)](#) *NEW

Cindy Olsen

Thursday, May 13
10–11:30 am \$35

Literary & Performing Arts

[Don't Think, Just Write!](#)

Ines Rodrigues

3 Thursdays: June 10, 17, 24
4–5:30 pm \$60

[Guitar: Beginner \(In-Person\)](#)

Bill Anderson

6 Tuesdays: May 4–June 8
6:30–7:30 pm \$150

Sports

[America's Boating Safety Course](#)

Patrick J. McNierney and Elaine Pealey

4 Thursdays: May 6–27
7–9 pm \$75

[16th Annual Spring Bird-Spotting Walk \(In-Person\)](#)

Sandy Morrissey

Wednesday, May 19
9–11 am \$25

[Golf Lessons at Lake Isle: Beginner Ladies \(In-Person\)](#)

Kevin Chin

5 Tuesdays: May 25–June 22
9:30–11:30 am \$375

[Golf Lessons at Lake Isle: Beginner and Intermediate Ladies \(In-Person\)](#)

5 Tuesdays: May 25–June 22
11:45 am–1 pm \$250

5 Fridays: May 28–June 25
12:15–1:30 pm \$250

[Golf Lessons at Lake Isle: Beginner and Intermediate Men \(In-Person\)](#)

5 Fridays: May 28–June 25
10 am–12 pm \$375

[Tennis Lessons at Lake Isle: Beginner \(In-Person\)](#)

SPORTIME pros

5 Tuesdays: May 18–June 15
11 am–12 pm \$180

[Tennis Lessons at Lake Isle: Advanced Beginner/Intermediate \(In-Person\)](#)

SPORTIME pros

5 Wednesdays: May 19–June 16
11 am–12 pm \$180

[Pickleball: Beginner \(In-Person\)](#)

SPORTIME pros

5 Thursdays: May 20–June 17
11:30 am–12:30 pm \$135

[Pickleball: Advanced Beginner \(In-Person\)](#)

SPORTIME pros

5 Thursdays: May 20–June 17
11:30 am–12:30 pm \$135